



ALL AMERICAN CHEER CLASS

CALLING ALL HIGH SCHOOL CHEERLEADERS! Let us help you prepare for your High School Cheer Camp, get nominated and rock your All-American Award Tryout!

Class will meet from 7:00-8:00pm on Sundays in May and June. There will be no class on May 26th (Memorial Day Weekend). The price is \$57 for 1 month or \$114 for 2 months! The class will focus on jumps, motions, cheers, dancing, and tumbling (for those that wish to work tumbling). Come perfect your skills and have fun with athletes from many different schools!

If you would like information about additional tumbling classes at Cheer Xpress please visit www.cheerxpress.com and check out our summer schedule! Your second class is discounted and the summer is the perfect time to grow your skills before cheering at games this school year! We have tumbling Sunday through Thursday evenings in the summer as well as Monday through Thursday mornings in June & July!

To register... Please turn in the form below along with payment to:
Cheer Xpress: 1130 Aries Drive Lincoln, NE 68512 or call: 402-489-5111 for more info!

ALL AMERICAN CHEER CLASS

Turn in this form, payment and the next waiver form to enroll! First class is May 5th!

Athlete Name: _____

Parents Name: _____

Phone: _____ Email: _____

Month(s) signing up for (please circle): _____ May _____ June _____ BOTH _____

School you currently cheer at: _____

Amount Paid: _____ Check #: _____

CHEER AND DANCE EXPRESS, LLC (aka CHEER XPRESS) ACKNOWLEDGMENT, AUTHORIZATION AND RELEASE FORM

I, the undersigned parent/legal guardian, do hereby give consent for my son/daughter to participate in the training and activities provided by CHEER AND DANCE EXPRESS, LLC (aka CHEER XPRESS).

I understand and acknowledge (child's name) _____'s participation in the activities provided by CHEER AND DANCE EXPRESS, LLC (aka CHEER XPRESS) includes but is not limited to all aspects of cheerleading, tumbling, stunting, trampoline, dance training and/or competition, as well as travel to or from any related events. I am fully aware of the nature of the activities involved and the possibility of physical illness or injury (minimal, serious and catastrophic - including death) which may arise from participating in such activities. I understand any such injury could be sustained while at the CHEER AND DANCE EXPRESS, LLC (aka CHEER XPRESS) facility or at any one of many competition facilities. If I feel conditions are unsafe, I acknowledge that I have full authority to remove my child from the event.

I certify my child is in good health and proper physical condition to participate in cheer related activities. In the event of injury, I grant permission to any representative of CHEER AND DANCE EXPRESS, LLC (aka CHEER XPRESS) to authorize any emergency medical transportation, medical attention, treatment, surgery or administration of drugs by qualified and licensed medical professionals. I understand the emergency contact(s) listed below will be notified as soon as possible in the event of such emergency, and that any and all transportation, medical or other expenses associated with such injury will be entirely assumed by me or my insurance company.

I hereby agree to voluntarily release, hold harmless, indemnify and covenant not to sue CHEER AND DANCE EXPRESS, LLC (aka CHEER XPRESS), including its officers, agents, coaches and employees for any and all claims of liability, injury, negligence, actions or rights of action, which are in any way related to, arise out of, or are in any way connected to my child's participation in CHEER AND DANCE EXPRESS, LLC (aka CHEER XPRESS) activities. This further includes, but is not limited to, claims of dangerous condition, premises liability, failure to warn, negligent supervision, negligent maintenance, negligent hiring and improper or dangerous equipment.

I understand CHEER AND DANCE EXPRESS, LLC (aka CHEER XPRESS) produces promotional materials, and that my son/daughter may be included in videos or photography taken during practices, competitions or other cheer related events. I hereby grant CHEER AND DANCE EXPRESS, LCC (aka CHEER XPRESS) its successors, assignees, licensees, sponsors, television networks and all other commercial exhibitors the exclusive right to photograph and/or videotape my son/daughter; and further to utilize my son/daughter's name, face, likeness, voice and appearance in advertising, promotions, websites and social media without reservation or limitation. In granting this license, I understand CHEER AND DANCE EXPRESS, LLC (aka CHEER XPRESS) is under no obligation to exercise such rights, licenses or privileges granted herein.

I certify that I have read this 'Acknowledgement, Authorization and Release Form' in its entirety and understand that by signing it I am freely giving up substantial rights without any inducements or assurances, and intend for it to be a complete and unconditional release of any and all liability to the greatest extent allowed by law, and agree that if any portion of this agreement is found to be invalid, the balance notwithstanding shall continue in full force and effect.

CHILD'S LEGAL NAME: _____ AGE: _____

CHEER & DANCE EXPRESS, LLC WITNESS: _____

PARENT/LEGAL GUARDIAN'S NAME: _____

TODAY'S DATE: _____

PARENT/LEGAL GUARDIAN'S SIGNATURE: _____

EMERGENCY CONTACT NAME(S) & NUMBER(S): _____